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MEDICAL & DENTAL COUNCIL**
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Letter No. Exam/2024/13

Date: 30th April, 2024

NOTIFICATION

Consequent upon recommendations of the National Medical & Dental Academic Board in its meeting held on 20th March 2024 and subsequent approval by the PM&DC Council in its meeting held on 05th April 2024, the National Registration Examination Standards, Structure and Syllabus 2024, for foreign medical / dental students are hereby notified.

Qureshi 30-4-24

**In-Charge Examinations
Pakistan Medical & Dental Council
Islamabad**

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Pakistan Medical & Dental Council

**National Registration Examination
(NRE)**

Standard, Structure & Syllabus

for

Dental Graduates

(2024)

پاکستان میڈیکل اینڈ ڈینٹل کونسل

TABLE OF CONTENTS

| S.No. | Section | Topic | Page # |
|-------|-------------|---|--------|
| 1. | Section I | Preamble | 3 |
| 2. | Section II | Format and structure for Dental National Registration Examination 2024 <ul style="list-style-type: none">• Eligibility• Centres• Frequency• Number of attempts• Structure• Passing criteria• Validity | 3-5 |
| 3. | Section III | Disciplines in the theory (MCQs) component of the Dental National Registration Examination 2024 | 6 |
| 4. | Section IV | Weightage of Disciplines in the theory (MCQs) component of the Dental National Registration Examination 2024 | 7 |
| 6. | Section V | Clinical Skills Examination (CSE) <ul style="list-style-type: none">• Distribution of disciplines | 8-9 |
| 7. | Appendix 1 | Syllabus for the theory (MCQs) component of the Dental National Registration Examination 2024 | 10-42 |
| 8. | Appendix 2 | Syllabus for the skills and competencies required of a BDS graduate and a house officer by the end of the house job/internship / foundation year, for the Dental National Registration Examination 2024 | 44-54 |
| 9. | TOS | Table of Specifications for NRE (Dental) | 55-60 |



SECTION I: PREAMBLE

Pakistan Medical & Dental Council (PM&DC) will be conducting National Registration Examination (NRE) at a national level. This examination is being held under section 18 of the Pakistan Medical & Dental Council Act 2022.

SECTION II: FORMAT AND STRUCTURE OF THE DENTAL NRE 2024

The Dental National Registration Examination (NRE) 2024 has been designed under Section 18 of PM&DC ACT 2022. It has been developed and will be administered to gauge the ability of BDS graduates competence to practice independently. Passing the NRE (both the theory and clinical skills examination components) is mandatory for obtaining a full license to practice as General Practitioner.

Eligibility:

Candidates who have successfully graduated from PM&DC approved Foreign dental colleges with an BDS or equivalent degree (as per the approved foreign degree Nomenclature) along with a provisional license issued by PM&DC are eligible to sit for NRE 2024.

Centres:

Dental NRE 2024 will be conducted at multiple centres across Pakistan to facilitate the candidates.



Frequency:

The Dental NRE will be held at least twice a year.

Number of attempts:

There is no bar on the number of times a candidate can attempt the complete Dental NRE.

Structure

The Dental NRE will consist of (i) a theory component and (ii) a skill-based, clinical component – Clinical Skills Examination (CSE) that will have two parts.

- i. The theory component will consist of MCQs targeting higher cognition and will check a candidate's ability to apply knowledge. The theory component will have 200 MCQs and will be paper-based. Only candidates qualifying in the theory (MCQs) component of NRE will be eligible for the CSE.
- ii. The Clinical Skills Examination (CSE) is meant to assess essential clinical skills required for practice by a general dental practitioner. The format of CSE will be similar to that of an Objective Structured Clinical Examination (OSCE). It will have two sub-components:
 - a. CSE Session-1
15 stations, up to 3-hour duration
 - b. CSE Session-2
3 stations, 50 minutes per station, 3-hour duration



Passing criteria:

Candidates will have to pass both the theory and the CSE components separately in order to be declared successful in Dental NRE.

The minimum pass percentage in the theory (MCQs) component is 60% and the minimum pass percentage in the CSE is 60% including mandatory stations. Angoff's method will also be adopted for standardization of the NRE Examination. Candidates have to obtain a combined score of 60% in CSE Session-1 & CSE Session-2 in order to be declared as pass. There will be three mandatory stations in the CSE. Candidate must clear all three mandatory stations in order to be declared to pass in the CSE. If a candidate obtains an aggregate of 60% or above in the CSE yet fails even one mandatory station, s/he will be declared as fail in the entire CSE. There will be no negative marking in any component of the Dental NRE.

Candidates will be required to pass the theory (MCQs) component to be eligible to attempt the CSE component. Candidates who pass the theory (MCQs) component but fail the CSE will have to re-appear in the CSE component only. Such candidates will re-register for the CSE only.

If a candidate fails in three consecutive attempts of the CSE, they will have to appear in both the theory (MCQs) and CSE components on the fourth attempt. That is, after every three failed attempts at the CSE, candidates will have to sit the entire Dental NRE.

Validity

Passing of the theory (MCQs) component of Dental NRE will remain valid for five (5) years from the date of passing the theory (MCQs) component. CSE component must be passed within five (5) years of passing the theory (MCQs) component of Dental NRE. If a candidate fails the CSE in three consecutive attempts, they will have to reappear in both the theory and CSE components of the Dental NRE. That is, after every three failed attempts at the CSE, candidates will have to retake the entire Dental NRE.



SECTION III: DISCIPLINES IN THE DENTAL NRE 2024

The theory (MCQs) component of the Dental NRE 2024 will comprise of the following disciplines:

1. Science of Dental Materials
2. Pharmacology including Dental Therapeutics
3. Community and Preventive Dentistry
4. General Surgery
5. General Medicine
6. Periodontology
7. Oral Medicine, Diagnosis, Radiology
8. Operative Dentistry including Paediatric Dentistry & Endodontics
9. Prosthodontics
10. Oral Surgery
11. Orthodontics

Applied clinical aspects of Preclinical disciplines and topics not explicitly stated will be assessed along with the relevant Clinical Science topics.



**SECTION IV: WEIGHTAGE OF DISCIPLINES IN THE THEORY (MCQS)
COMPONENT OF THE DENTAL NRE 2024**

| Total MCQs: 200 | # of MCQs |
|---|------------------|
| Science of Dental Materials | 15 |
| Pharmacology including Dental Therapeutics | 10 |
| Community and Preventive Dentistry | 15 |
| General Surgery | 5 |
| General Medicine | 5 |
| Periodontology | 20 |
| Oral Medicine, Diagnosis, Radiology | 25 |
| Operative Dentistry including Paediatric Dentistry & Endodontics | 45 |
| Prosthodontics | 25 |
| Oral Surgery | 25 |
| Orthodontics | 10 |
| Total | 200 |

Syllabus for the Dental NRE 2024:

For details on the syllabus for the theory (MCQs) component of the Dental NRE 2024, please see Appendix 1



SECTION V: CLINICAL SKILLS EXAMINATION (CSE)

CSE aims to assess the essential clinical skills that would include interpretation of clinical data, including the diagnostic data, formulation of diagnosis, and development of management plans. CSE would also include clinical examination skills and key procedural skills.

The format of CSE will be similar to that of an Objective Structured Clinical Examination (OSCE).

The duration of CSE Session-1 shall be approximately 2-3 hours approximately (including the initial briefing) and will consist of 15 stations. Each CSE Session-1 station shall be assigned 6-10 minutes with 2 minutes for the changeover.

The duration of CSE Session-2 shall be approximately 3 hours (including the initial briefing) and will consist of 3 stations, 50 minutes per station.

The details about the content and conduct of CSE (duration, number of stations, pass percentage and the number and type of mandatory stations, if any) remain subject to change at the discretion of PM&DC. Provided, any such change is notified and displayed on the PM&DC website at least 6 weeks prior to the date of commencement of the CSE.



Distribution of disciplines for CSE:

Distribution of disciplines for stations for CSE will be as follows:

| S. No. | Areas | CSE Session-1 | CSE Session-2 |
|--------|---|---------------|---------------|
| 1 | Professional & Multidisciplinary Skills | 5 | |
| 2 | Periodontology | 2 | |
| 3 | Operative Dentistry, Endodontics & Paediatric Dentistry | 2 | 1 |
| 4 | Prosthodontics | 2 | 1 |
| 5 | Oral Surgery & Oral Medicine | 2 | 1 |
| 6 | Orthodontics | 1 | |
| 7 | Medical & Dental Emergencies | 1 | |
| | Total | 15 | 3 |

Syllabus for CSE:

For details on CSE syllabus for Dental NRE 2024, please see Appendix 2



APPENDIX 1

SYLLABUS FOR THE THEORY (MCQs) COMPONENT OF THE DENTAL NRE 2024

Applied clinical aspects of Preclinical disciplines and topics not explicitly stated will be assessed along with the relevant Clinical Sciences topics.

SCIENCE OF DENTAL MATERIALS

1. **General Properties**
2. **Impression materials**
 - Properties & Requirements
 - Hydrocolloids
 - Alginate
 - Agar
 - Elastomers
 - Silicone Rubbers
 - Polysulphide
 - Polyether
 - Non-elastic impression materials
 - Impression Compound
 - Zinc-oxide eugenol impression paste
3. **Gypsum products for Dental Casts**
4. **Dental Waxes**
5. **Casting**
 - Investment and Refractory Dies
 - Steps of casting
 - Faults in castings
6. **Polymers**
 - Classification of denture base materials
 - Properties of Acrylic Resin as a denture base material
 - Acrylic Resin composition, manipulation and processing
 - Alternative denture base materials
 - Artificial teeth
 - Tissue Conditioners



- Separating media
- Spacers
- Denture Lining materials (Hard and Soft liners)
- Denture Repair and Rebasing

6 Adhesion

- Principles of Adhesion
- Acid-etch systems for bonding to enamel
- Applications of acid-etch technique
- Dentin conditioning, priming and bonding
- Smear Layer and Hybrid Layer
- Dentin bonding systems

7 Dental Composites

- Classification
- Composition and manipulation
- Setting characteristics & Light Curing
- Degree of conversion, depth of cure and bulk curing
- Properties including polymerization shrinkage
- C factor and its role

8 Dental Cements

- Lining & its types (Protective, Therapeutic & Structural)
- Base and Luting materials
- Cavity varnish
- Properties, setting characteristics and uses of
 - Zinc Phosphate Cement
 - Zinc Oxide/Eugenol Cement
 - Ortho-ethoxy Benzoic Acid Cement
 - Polycarboxylate Cement
 - Glass Ionomer Cement (GIC)
 - Resin Modified Glass Ionomer Cement (RMGIC)
 - Calcium Hydroxide Cement
 - MTA



9 Dental Amalgam

- Amalgamation process
- Properties and uses of amalgam
- Gamma II free, Phases in set mass.
- Manipulation and handling (Including Mercury safety)

10 Metal and Alloys in Dentistry

- Base metal casting alloys
- Wrought alloys (Steel and Stainless Steel)
- Gold and alloys of Noble metals
- Titanium

11 Ceramics

- Classification of dental porcelain
- Porcelain veneers and Porcelain fused to metal (PFM) crowns
- CAD-CAM restorations
- Zirconia (Transformation Toughening) & all ceramic restorations.

12 Endodontic materials

- Reamers & Files
- Irrigants, Chelating Agents(EDTA) and Intra-canal medicaments
- Obturation materials e.g., Gutta Percha
- Endodontic Sealers & Temporary Restorative Materials

13 Wear (Abrasion, Erosion & Attrition) Finishing and polishing materials

14 Dental Implants

- Requirements
- Classification
- Surface treatment

15 Preventive Dental Materials

- Pit & Fissure Sealants
- Dentifrices



PHARMACOLOGY INCLUDING DENTAL THERAPEUTICS

1. Analgesics and Anti-Inflammatory Drugs
2. Antibacterial, Antifungal and Antiviral Drugs relevant to Dentistry
3. Antiseptics and disinfectants
4. Chemicals used in mouth rinses
5. Dentifrices and Fluoride
6. Drug Prescribing
7. Endodontic medicaments
8. Extraction socket medicaments
9. Local Anaesthesia and Vasoconstrictors: Use, Side Effects, Adverse effects and toxicity
10. Topical Haemostatics
11. Periodontal medicaments
12. Sedation & Anxiety Reduction Protocols in Dentistry
13. Therapeutics for medical emergencies in dental practice



COMMUNITY AND PREVENTIVE DENTISTRY

1. Prevention of Oral and Dental Diseases:

- Levels of prevention
- Health promotion
- Specific protection
- Dental plaque and its role in the aetiology of dental diseases
- Diet, nutrition and dental health
- Water fluoridation
- Fluoride supplements
- Professionally and self-applied topical fluorides
- Fissure sealing
- Atraumatic Restorations
- Methods of plaque control
- Principles and strategies of dental health education and promotion
- Cross infection control
- Radiation Safety and mercury hazards in dental practice

2. Dental Health Care Delivery System:

- Dental care of people with special needs including the elderly, the handicapped and patients with infectious and communicable diseases
- Ethical issues in dental care

3. Behavioural Sciences:

- Dentist – patient communication
- Informed Consent, Breaking Bad News
- Management of stress, fear and anxiety in dentistry



COMMUNITY AND PREVENTIVE DENTISTRY

4. Prevention of Oral and Dental Diseases:

- Determinants of health
- Health indicators
- Primary health care
- Levels of prevention
- Health promotion
- Principles and strategies of dental health education and promotion
- Epidemiology of dental diseases
- Dental plaque and its role in the aetiology of dental diseases
- Diet, nutrition and dental health
- Water fluoridation
- Mechanism of action of fluoride in prevention of dental caries
- Professionally and self-applied topical fluorides
- Atraumatic Restorations
- Minimal invasive dentistry
- Cross infection control
- Radiation Safety and mercury hazards in dental practice
- Dental indices
- Oral hygiene aids

5. Dental Health Care Delivery System:

- Dental care of people with special needs including the elderly, the handicapped and patients with infectious and communicable diseases
- Ethical issues in dental care

6. Behavioural Sciences:

- Dentist – patient communication
- Informed Consent, Breaking Bad News
- Management of stress, fear and anxiety in dentistry

7. Research Methodology:

- Measurements in epidemiology
- Study designs



- Evidence based dentistry.
- Sampling techniques
- Descriptive statistics
- Inferential Statistics

GENERAL MEDICINE

1. Hypertension
2. Ischemic Heart Disease & Angina
3. Infective Endocarditis
4. Cardiac Arrest
5. Syncope
6. Bronchial Asthma
7. Diabetes Mellitus
8. Blood Borne Disease including HIV, Hepatitis B and C
9. Anaemias
10. Bleeding & Clotting Disorders



PERIODONTOLOGY

1. Normal Periodontium

Microscopic & Macroscopic anatomy of Periodontium

- Gingiva
- Periodontal Ligaments
- Alveolar bone
- Cementum
- Blood supply of the periodontium.
- Nerves of the periodontium.

2. The Mucosa at Teeth & Implants

- Peri-Implant Mucosa.
- Differences between mucosa around teeth & Implants.
- Osseointegration.
- Process of osseointegration

3. Classification of Gingival and Periodontal Diseases:

- Gingivitis: Dental biofilm induced
- Gingivitis: Non - Dental biofilm induced
- Periodontitis (Chronic and Aggressive Periodontitis according to 1999 classification)
- Periodontitis as a manifestation of systemic diseases
- Necrotizing periodontal diseases
- Other conditions affecting periodontium
 - Systemic diseases/condition affecting periodontal supporting tissues
 - Periodontal abscesses and Perio-Endo lesions
 - Mucogingival deformities and conditions
 - Occlusal trauma
 - Prosthesis and tooth related factors
- Peri-Implant diseases and conditions

4. Aetiology of Gingival and Periodontal Diseases:

- Plaque Microbiology
- Plaque retentive factors
 - Calculus
 - Improper restorations
 - Improper crown margins



- Orthodontic appliances
- Risk factors of periodontal disease

5. Gingival and Periodontal Diseases:

- Pathogenesis
- Host response
- Clinical features
- Histological features
- Radiographic features

6. Periodontal examination, investigations and documentation:

- Extra oral and intraoral examination
- Basic Periodontal Examination
- General dental charting
- Detailed periodontal charting
- Indices and classification of gingival/ periodontal parameters
 - Gingival inflammation
 - Periodontal disease
 - Gingival recession
 - Furcation
 - Mobility
- Sensibility tests
- Referral to physician and/or dental specialists

7. Diagnosis & Treatment plan of periodontal disease:

- Periodontal diagnosis according to 2017 classification
- Radiographic interpretations
- Prognosis of individual teeth
- Phases of treatment plan
- Patient education and motivation regarding proposed treatment plan
- Evidence based sequence of treatment planning

8. Plaque control:

- Plaque indices
- Plaque disclosing agents
- Oral hygiene tools
- Oral hygiene instructions
- Chemical plaque control methods



- Dentifrices
- Dietary counselling

9. Non-surgical Periodontal therapy

- Goal of non-surgical therapy
- Instruments
- Scaling and prophylaxis
- Scaling and root surface debridement
- Healing response end outcomes expected from periodontal non-surgical therapy

10. Surgical Principles and Procedures

- Goal of surgical therapy
- Principles of periodontal surgical therapy
- Basic principles of wound healing
- Periodontal surgical procedures for pocket depth reduction
- Gingivectomy
- Principles of Osseointegration
- Basic surgical principles of implant surgery
- Surgical assessment of implant cases
- Basic surgical procedure of implant surgery
- Instruments for perio and implant surgical procedures

11. Interdisciplinary Periodontics

- Perio-Restorative interrelationship
- Endo-Perio Continuum
- Perio-Ortho interrelationship
- Perio-Medicine
 - Perio- Diabetes
 - Perio – CVD
 - Perio – Pregnancy
 - Bleeding/clotting disorders and blood thinners

12. Periodontology and Implant maintenance:

- Importance
- Patient Compliance
- Choice of instruments for implant maintenance
- Periodontal risk assessment



1. The Oral Mucosa:

Normal Oral Mucosa:

- Structure
- Function
- Age changes

Abnormal oral mucosa

Oral mucosa in generalized disease

Periodontium in generalized disease

2. Principles of oral medicine: assessment and investigation of patients

Patient assessment

- History taking
- Examination

Investigations

- Blood examination
- Blood chemistry
- Endocrine function
- Urinalysis

Biopsy

Microbiological investigations

Imaging techniques

3. Infections of gingivae and oral mucosa

Bacterial infections

- Acute Necrotizing Ulcerative Disease
- Non-specific

Fungal infections

Primary Candidiasis

- Acute (Pseudomembranous and Erythematous)
- Chronic (Pseudomembranous, Erythematous and CHC)
- Candida associated lesions
 - Denture Induced Stomatitis



- Angular Cheilitis
- Median Rhomboid Glossitis
- Secondary Candidiasis
- Secondary Chronic Mucocutaneous Candidiasis syndrome

Viral infections

- Herpes simplex virus infections
- Varicella zoster virus infections
- Epstein-Barr virus infections
- Human papillomavirus infections
- Human immunodeficiency virus and AIDS

4. Oral Ulceration

Traumatic ulceration

- Aetiology
- Clinical features
- Management

Recurrent aphthous stomatitis (RAS)

- Clinical features
- Aetiology
- Histopathology and immunopathogenesis
- Systemic conditions and RAS like lesions

5. Diseases of the lips and tongue and disturbances of taste and halitosis

Diseases of the lips

- Swelling of the lips
- Angular cheilitis (angular stomatitis, chelosis, perleche)
- Lip fissures
- Allergic cheilitis
- Actinic cheilitis (solar keratosis)
- Exfoliative cheilitis
- Perioral dermatitis
- Lip Lickers eczema
- Cheilocandidosis

Diseases of tongue

- Developmental abnormalities and Morphological variations
- Tongue fissures



- Coated tongue
- Hairy tongue
- Atrophy of the lingual epithelium
- Traumatic irritation of the tongue
- Enlargement of the foliate papillae
- Geographic tongue (Erythema Migrans, Benign Migratory Glossitis),
- Median Rhomboid Glossitis
- Disturbances of taste and halitosis

6. Swellings of the face and neck

Facial swellings

- Differential diagnosis swellings in the neck

Cervical lymphadenopathy

- Differential diagnosis
- Examination of the lymph nodes
- Inflammatory causes of lymph node enlargement
- Neoplastic causes of lymph node enlargement

7. Salivary glands and saliva

Saliva and salivary glands

- Saliva
- Salivary glands

Assessment of the salivary glands

- Measurement of the salivary flow

Salivary gland diseases

- Sialadenitis
- Sialosis
- Necrotizing sialometaplasia
- HIV-associated salivary gland disease

Salivary gland tumours

8. Inflammatory overgrowths, developmental and benign lesions, and pigmentation of the oral mucosa

Inflammatory overgrowths

- Epulides
- Fibroepithelial polyp
- Denture granuloma



- Focal epithelial hyperplasia (Heck's disease)

Developmental white lesions

Benign neoplasms

Squamous cell papilloma

Miscellaneous benign conditions

- Traumatic keratoses
- Nicotinic Stomatitis (pipe smokers' palate)
- Leukoedema
- Amalgam tattoos
- Melanotic pigmentation Oral melanoma

9. Precancerous Lesions and Conditions

Precancerous lesions

- Leukoplakia
- Erythroleukoplakia
- Speckled leukoplakia
- Candidal leukoplakia (chronic hyperplastic candidosis)
- Malignant transformation of precancerous lesions
- Management of precancerous lesions
- Precancerous conditions
- Oral Submucous Fibrosis (OSF)
- Lichen Planus

Oral carcinoma and carcinogenesis

- Aetiological factors for oral Squamous Cell Carcinoma
- Clinical features and diagnosis of oral carcinoma
- Staging systems for oral carcinoma
- The management of oral carcinoma
- Prevention of oral carcinoma
- Oral carcinoma as a genetic disease

10. Gastrointestinal diseases

Coeliac disease (gluten sensitive enteropathy)

- Oral manifestation of Celiac disease

Inflammatory bowel disease (IBD)

- Ulcerative colitis

Stomatosis and Inflammatory bowel disease



Gastro Oesophageal reflux disorder (GORD)

11. Blood and nutrition, endocrine disturbances, and renal disease

Disorders of the blood

- Anaemias
- Oral signs and symptoms in anaemia
- Management of patients with anaemias and haematinic deficiencies
- Leukaemia
- Leukopenia
- Platelet abnormalities
- The selection of patients for haematological examination

Disorders of nutrition

- Nutritional deficiencies Scurvy

Endocrine disturbances

- Normal endocrine changes
- Adrenocortical diseases
- Thyroid diseases Diabetic
- Mellitus Renal disease
- Chronic renal failure
- Renal patients undergoing dialysis Renal transplant patients

12. Immunodeficiency, hypersensitivity, autoimmunity and oral reactions to drugtherapy

Immunodeficiency

Hypersensitivity

Angioedema

Autoimmunity

Oral reactions to drug therapy

- Spectrum of adverse reactions
- Oral reactions of antibiotics
- Oral reactions to steroids
- Drug therapy and periodontal tissues
- Fixed drug eruptions

13. Facial Pain and neurological disturbances

Facial pain: an overview

- The nerve supply of the face



- The evaluation of facial pain

Neuropathic pain

- Trigeminal neuralgia
- Glossopharyngeal neuralgia
- Postherpetic neuralgia
- Neuropathic pain secondary to other conditions

Migraine

Cluster headaches (periodic migrainous neuralgia/ migrainous neuralgia)

Tension type headache

Giant cell arteritis (temporal arteritis/cranial arteritis)

Neurological disturbances

- Facial nerve deficits
- Anaesthesia and paraesthesia
- Bell's palsy
- Multiple sclerosis

14. Temporomandibular disorders

Investigation of the stomatognathic system

- History
- Examination
- Imaging

Temporomandibular pain and dysfunction syndrome (TMPDS)

- Management

Internal derangement

- Disc displacement with reduction
- Disc displacement without reduction

Rheumatoid arthritis

Osteoarthritis (osteoarthritis)

Masseteric Hypertrophy

Tumours

15. Chronic and Psychogenic orofacial problems

Chronic orofacial pain

- Atypical facial pain
- Atypical odontalgia



- Oral dysaesthesia (Burning mouth syndrome)
- Management of chronic orofacial pain

16. Medical emergencies in dentistry

The prevention of medical emergencies

Administration of drugs

- Routes of administration of drugs

Emergency drugs and equipment

Management of emergencies

- Fainting
- Hypoglycaemia / Hyperglycaemias
- Epileptic seizures
- Asthma
- Chest pain
- Hyperventilation
- Respiratory obstruction/foreign body aspiration
- Anaphylaxis
- Cerebrovascular accidents
- Local anaesthesia toxicity/ overdose
- Adrenal shock/ Addison's crisis
- Respiratory arrest
- Cardiac arrest

17. Radiology

Radiation biology, hazards of radiation and radiation protection

General patient consideration including control of infection

Intraoral Periapical Radiographs

Intraoral Bitewing Radiographs

Intraoral Occlusal Radiographs

Lateral Cephalometric Radiographs

Panoramic Radiographs

Posterior view Skull

Imaging of Paranasal Sinuses



OPERATIVE DENTISTRY INCLUDING PAEDIATRIC DENTISTRY & ENDODONTICS

A. OPERATIVE DENTISTRY

1. Cross infection Control

- Universal/Standard Precautions
- Sterilization/Disinfection
- Armamentarium
- Critical Items, Semi Critical Items, Non-Critical Items
- Blood Borne Infections
- Hand Hygiene
- Rubber dam
- Vaccine/Immunization
- Personal Protective Equipment
- Needle Prick Injury Prevention and Immediate Management
- Sterilization of Handpieces, Burs and other restorative instruments
- Dental Unit Waterlines
- Waste Disposal
- Sharps Management

2. Evaluation & History Taking

- History Taking
- Comprehensive Dental Evaluation from Restorative Aspect
- Knowledge of Diagnostic Tests
- International Caries Detection & Assessment System
- ADA Caries Classification System
- Caries Risk Assessment above 6 years
- ADA Guidelines for Prescribing Dental Radiographs
- Differential Diagnosis, Provisional Diagnosis, Definitive Diagnosis
- Pulpal and Periapical Diagnosis (AAE)

3. Radiographs

- Bitewing, Periapical (Bisecting Angle and Parallax) (SLOB Rule)
- Occlusal Radiographs & Orthopantomogram
- Indications of Use of CBCT in Restorative Dentistry



4. Cariology

- Define various Carious Lesion Terminologies
- Classify Carious Lesions
- Pathophysiology of Dental Caries in Enamel and Dentine
- Management of Caries by Medical Model
- Management of Caries based on Caries Risk
- Non-Operative Management of Dental Caries
- Operative Management of Dental Caries
- Management of Deep Caries
- Caries Control Restorations / ART
- Root Caries and its Management

5. Amalgam

- Introduction to Amalgam Restorations
- Amalgam as a restorative material
- Indications for amalgam used as a restorative material
- Contraindications to the use of amalgam as a restorative material
- Advantages and disadvantages of amalgam as a restorative material
- Cavity preparation steps (initial and final)

Class I Amalgam Restorations

- Cavity preparation technique for Conservative Amalgam restorations
- Cavity preparation technique for Extensive Class I amalgam restoration
 - Restorative technique for Class I amalgam placement

Class II Amalgam Restorations

- Cavity preparation technique for Small and Large Class II Amalgam restorations
 - Restorative technique for Class II amalgam placement

Class III & V Amalgam Restorations

- Preparation and Restorative Techniques of Class III & Class V Restorations.

Complex Amalgam Restorations

- Indications, contraindications, advantages, and disadvantages of using amalgam in complex restorations
- Retention in Complex restorations. Dentine Pins
- Describe the possible modes of failure of a pin retained restoration
- Amalgam as a foundation restoration in Endodontically Treated Teeth



6. Dental Adhesion

- Goals of Dental Adhesion
- Adhesive Classifications
- Fundamentals of Enamel Adhesion
- Smear Layer in Dentine Adhesion
- Hybrid Layer in Dentine Adhesion
- Common Adhesive Techniques
- Adhesion to Deeper Dentine

7. Composite

- Colour and Shade Matching
- Dental Composite Resin
 - Classification of Dental Composite Resin
 - Dental Composite Resin as a material
 - Polymerization Shrinkage
- Light Curing in Dental Composite Resin
- Anterior Resin Composite Restorations
- Posterior Resin Composite Restoration
- Pits and Fissures Preventive Resin Restoration
- Resin Infiltration
- Class 1 Direct Composite Resin Restoration
- Class 2 Direct Composite Resin Restoration

8. Non-Carious Tooth Surface Loss

- Attrition, Erosion, Abrasion and Abfraction, And Non-Carious Cervical Lesion
- Diagnosis, Prevention and Management

9. Ultra Conservative Aesthetic Procedures

- Micro Abrasion
- Macro Abrasion
- Tooth Whitening
- Direct/Indirect Veneers

10. Indirect Partial Coverage Restorations

- Classification
- Advantages and Disadvantages
- Indications



11. Occlusal Adjustment in Single Tooth Restoration

- Confirmative vs Re-Organized Occlusion
- Occlusion Basics
- High Spot Identification and Adjustment

12. Trauma

- Tooth Structures Injuries:
 - Infraction
 - Enamel fracture
 - Enamel and dentine fracture
 - Enamel dentine involving pulp fracture
 - Crown root fracture
- Supporting Structures Injuries:
 - Root Fracture
 - Concussion
 - Sub Luxation, Lateral Luxation
 - Intrusion, Extrusion & Avulsion

B. ENDODONTICS

1. Endodontic Case Difficulty Assessment
2. Diagnostic Clinical Tests required for endodontic evaluation.
3. Interpretation of Periapical Radiographs
4. Differentiation of Odontogenic radiolucency / radiopacity from Non-Odontogenic
5. Resorption
6. Endodontic-periodontic interrelationships.
7. Endodontic Emergencies and Management.
8. Medically Compromised patients' management
9. Pain Management
10. Endodontic Microbiology and Histology
11. Endodontic Anatomy
12. Endodontic Access opening
13. Chemo-Mechanical Preparation
14. Working Length



15. Manual ISO Instrumentation
16. Rotary NiTi Endodontics
17. Obturation
18. Inter Appointment Temporization
19. Coronal Seal in Endodontics
20. Post placement in Endodontically treated teeth
21. Endodontic Retreatment
22. Peri Radicular Surgery
23. Regenerative Endodontics
24. Apexification
25. Pulp Therapy

C. PAEDIATRIC DENTISTRY

10. Patient Assessment

- History Taking
- Treatment Planning
- Patient Education Counselling with parents/guardians
- Caries Risk Assessment in children under 6 years
- Caries Management according to Risk Assessment (CAMBRA)
- Intra Oral Radiology in children

11. Early Childhood Caries (ECC)

- Aetiology
- Risk Factors
- Diagnosis
- Prevention (Diet modification, Oral Hygiene, Fluoride & Non-Fluoride Agents)
- Non-Operative & Operative management strategies

12. Fluorides

- Systemic Fluoride
- Topical Fluorides
- Fluoride Toxicity

13. Pit and Fissure Sealants

- Indications
- GIC & Resin Based Sealers
- Procedure



14. Vital Pulp Therapy, Pulpectomy & Regenerative Endodontics

- Primary & Immature Permanent Teeth
- Indirect Pulp Capping, Direct Pulp Capping,
- Partial Pulpotomy, Complete Pulpotomy
- Pulpectomy
- Pulpal Regeneration
- Apexification

15. Restorations

- Direct Restorations
- Pre-Formed Crowns

16. Local Anaesthesia

- Local Anaesthesia in children
- Topical Anaesthetics
- Local Anaesthesia Adverse Effects & Toxicity

17. Child Psychology & Behaviour Management

- Pharmacological & Non-Pharmacological Behaviour Management
- Oral & Inhalation Sedation

18. Developmental Anomalies of the teeth and Acquired Disturbances

- Diagnosis and Management of:
 - Individual tooth anomalies and Fluorosis
 - Molar Incisor Hypomineralisation
 - Amelogenesis Imperfecta
 - Dentinogenesis Imperfecta
 - Dentine Dysplasia

19. Oral habits

20. Space maintenance in the primary dentition



PROSTHODONTICS

1. Prosthodontic patient assessment: history, evaluation, diagnosis and treatment planning

- Recording general information
- Relevant medical and dental history
- Current medications
- Extraoral and intraoral examination
- Radiographic examination
- Referral for second opinion (when indicated)

2. Fixed partial dentures:

- Introduction to fixed prosthodontics
- Treatment planning for the replacement of missing teeth
- Fixed partial denture configurations
- Principles of tooth preparations for retainer units
- Preparations for full veneer crowns as retainer units
- Preparations for extensively damaged teeth
- Preparations for periodontally weakened teeth
- Provisional restorations
- Fluid control and soft tissue management
- Impressions for fixed prosthodontics
- Try-in, adjustments and cementation
- Aesthetic considerations
- All-ceramic restorations
- Metal-ceramic restorations
- Pontics and edentulous ridges
- Resin – Bonded fixed partials denture



3. Removable partial dentures:

- Introduction: Terminologies and classification
- Components of a removable partial denture: Major connectors, Minor connectors, Rest and rest seats, Direct retainers, Indirect retainers, and tooth replacement
- Principles of Removable Partial Design
- Examination and evaluation of diagnostic data
- Different designs of removable partial denture
- Mouth preparation and Master Cast fabrication
- Impression materials and procedures for removable partial dentures
- Preliminary jaw relation and aesthetic try-in for anterior replacement teeth.
- Laboratory procedures for framework construction
- Trial of the framework
- Special impression procedures for tooth-tissue supported removable partial denture
- Established occlusal relationships
- Try-in and completion of the partial denture
- Delivering the removable partial denture
- Post insertion observations
- Temporary and immediate removable partial denture
- Complete denture opposing removable partial dentures
- Relining, rebasing, and repairing the removable partial dentures.

4. Complete dentures

- Basic Anatomy and Physiology: Biomechanics of the edentulous state, Residual ridge resorption.
- Communicating with the patient: Understanding the patients Instructing the patient. Diagnosis and treatment planning for patients, with some teeth remaining and with no teeth remaining:
- Mental attitude
- Systemic status. Local factors
- Patient evaluation procedures



- Improving the patient's denture foundation and ridge relation
- Pre-prosthetic examination and procedures including hard tissue & soft tissue procedures
- Postinsertion complications and procedures
- Rehabilitation of the edentulous patient
 - Various impression techniques, related clinical and laboratory procedures and materials
 - Muscles of facial expression
 - Biologic considerations for maxillary and mandibular impression including anatomical landmarks and their interpretation
- Maxillomandibular relations
 - Biological consideration in jaw relation & jaw movements – craniomandibular relations
 - Mandibular movements
 - Maxillo-mandibular relation including vertical and horizontal jaw relations
 - Record bases and occlusion rims
 - Materials & techniques
 - Useful guidelines and ideal parameters
 - Recording and transferring bases and occlusal rims
 - Relating the patient to the articulator
 - Inter occlusal records different materials used and techniques employed
 - Articulation of casts on semi adjustable articulators
 - Face bow transfer procedures
- Tooth selection and arrangement
 - Relating inclination of teeth to concept of occlusion
 - Neutrocentric concept
 - Balanced occlusal concept
- Denture Trial and trial dentures.



- Laboratory procedures included in construction of complete dentures and prescription for the technician
- Denture insertion
 - Insertion procedures
 - Clinical errors
 - Correcting occlusal disharmony
 - Selective grinding procedure
- Treating problems with associated denture use
- Treating abused tissues
- Relining and re-basing and Repair of dentures
- Immediate complete dentures construction procedure
- The single complete denture
- Tooth supported complete denture (Over Dentures)

5. Gerodontology

- Management strategies for the dental care of the elderly
- Dental and oral diseases and disorder in the elderly
- Range of psychological and social factors involved with geriatric patients.
- Distinguish between normal and abnormal consequences of aging
 - Malnutrition
- Excessive tooth wear
- Root dental caries
- Treatment options of removable and fixed prosthesis for the older adult in the context of Minimal intervention dentistry

6. Implantology

- Rationale for dental implants
- Science of osseointegration (factors affecting osseointegration)
- Indications and contraindications for dental implants
- Implant supported rehabilitation options for partially dentate and completely edentulous



7. Occlusion and articulators

- Fundamentals of occlusion and occlusal concepts
- Determinants of occlusion
- Articulators, their types and classifications

8. Temporomandibular disorders

- Functional anatomy and physiology of the temporomandibular structures
- Aetiology of the temporomandibular disorders
- Classification/types of temporomandibular disorders
- Diagnosis of temporomandibular disorders
- Management of temporomandibular disorders

9. Single tooth full coverage indirect restorations (Crowns)

- Basic principles of preparation
- Types of crowns, indications and contraindications, advantages and disadvantages
- Ceramic/Porcelain crowns-indications and contraindications, clinical assessment and steps of preparation
- Cast Metal crown - indications and contraindications, clinical assessment and steps of preparation.
- Porcelain fused to metal crown - indications and contraindications, clinical assessment and steps of preparation.
- Temporary Crowns
- Post and core crowns
- Impression materials and techniques
- Try-in, adjustments and cementation
- Follow up and repair
- Endodontic considerations in crown

10. Introduction to Digital Dentistry

- Introduction to CAD/CAM
- Type of intra Oral scanners. Milling machines .
- Concept of 3d printing and printers.
- Smile design analysis +/-? Veneers on CAD/CAM (lava extreme tc)



ORAL SURGERY

Applied Anatomy

- Maxillofacial skeleton
- Muscle of Mastication
- Perioral muscles
- Third and fifth cranial Nerve
- TMJ

Principles of Oral Surgery

1. Sterilization and cross infection control
2. Patient assessment
3. Informed consent
4. Principles of flap design, sutures, & suturing techniques
5. Techniques of biopsy
6. Use of antimicrobials in dentistry and oral surgery
7. Radiology for oral surgery
8. Treatment planning in oral surgery
9. Local anaesthesia (LA)
 - Indications and contraindication in oral surgery
 - Surgical anatomy of trigeminal nerve
 - Injection techniques for administration of local anaesthesia in oral surgery
 - Complication of LA
10. Management of medical emergencies in oral surgery
11. Management of medically compromised patients
 - The presentation of systemic disease in the mouth, oral surgical management of compromised patients with special emphasis on:
 - Cardiovascular diseases
 - Respiratory disorders
 - Diabetes mellitus
 - Immunosuppression
 - Blood dyscrasias
 - Radiation therapy of Head and Neck
 - Bisphosphonate-related osteonecrosis of the jaw



- Prosthetic Implants
- Renal disease and transplant
- Osteoporosis
- Blood borne diseases.

Exodontia

1. Indications and contraindications
2. Forceps extractions
3. Principles of use of surgical elevators
4. Surgical extraction
5. Complications of tooth extraction.
6. Impacted cuspids and wisdom teeth
 - Classification systems for impacted teeth
 - Radiographic assessment
 - Indication and contraindication for removal
 - Surgical techniques
 - Complications

Jaw Cysts

1. Classification of jaw cysts including odontogenic and non-odontogenic cysts
2. Diagnosis
3. Treatment of jaw cysts (marsupialization and enucleation)

Periapical Surgery

1. Indications and contraindication
2. Surgical Techniques
3. Complications

Pre-prosthetic Surgery

1. Goals of pre-prosthetic surgery
2. Specific hard and soft tissue procedures including their indications, advantages and complications.
3. Dental implants
 - Patient assessment and options for implant placement
 - Surgical procedures for implant placement
 - Postoperative care & follow up.



Maxillary Antrum

1. Surgical anatomy
2. Oro-antral fistula
3. Common pathological lesions and their management

Spread of Oral Infection

1. Periapical abscess and cellulitis
2. Spread of oral infection through tissue spaces of the jaws and neck & Ludwig's Angina
3. Intracranial complication of oral infection
4. Principles of management of odontogenic infections

Oral & Maxillofacial Trauma

1. Surgical anatomy of the facial skeleton
2. Aetiology and presentation
3. Emergency management of maxillofacial trauma
 - Soft tissue injuries of the head & neck
 - Dental and dentoalveolar injuries/trauma
 - Fracture of mandible
 - Fractures of Mid-Face, especially LeFort & Zygomatic Complex
4. Complications of maxillofacial injuries

Temporomandibular Joint (TMJ)

1. Pain & dysfunction
2. Internal derangement
3. Congenital and traumatic abnormalities especially ankylosis
4. Management principles

Oncology

1. Oral neoplasia
 - Tumours of the oral cavity & jaws & associated tissues, including odontogenic tumours & squamous cell carcinoma. The principles of operative treatment of the above including reconstruction
 - The principles of Radiotherapy, Chemotherapy & their effects on orofacial tissues.

Salivary Glands

1. Diseases of salivary glands including Sialoadenitis & Sialolithiasis
2. Benign & malignant tumours.



Orofacial Pain

1. Common causes of orofacial pain, their diagnosis & management with special emphasis on Trigeminal Neuralgia

Orthognathic Surgery

1. Means of assessment
2. Diagnosis
3. Principles of surgical treatment
4. Postoperative care & follow-up

Development Anomalies

1. Cleft lip and palate; head & neck deformity

ORTHODONTICS

1. Introduction to orthodontics

- Assessment of need for Orthodontic treatment

2. Growth & development

- Basic terminologies and basic principles of growth
- Methods of assessment of skeletal growth for clinical interpretation
- Relevance of growth and development of facial bones to malocclusion, orthodontic diagnosis and management

3. Development of dentition

- Process of development of dentition and its implications to establishment of final occlusion
- Dimensional changes in dental arches during different dentition periods
- Methods to assess dental growth and role of Nolla's Stages of Tooth Development
- Factors affecting transition from primary dentition to permanent dentition
- Features of primary, mixed and permanent dentition

4. Preventive orthodontics

- Deleterious oral habits, clinical implications, diagnosis & their management
- Role of caries control, restorations & space management in development of malocclusion



- Patient & Parent counselling
- Exfoliation of deciduous teeth, eruption paths of permanent teeth and their relevance to clinical situations

5. Interceptive orthodontics

- Orthodontic Emergencies and their management/referrals
- Space maintenance protocols, appliances and their clinical applications
- Identify cases requiring Space regaining protocols, space supervision, serial extraction and timings/stage for referral
- Methodologies for correction of cross bite
- Removal of impediments in the Pathway of eruption
- Treatment of locked or impacted permanent first molar

6. Occlusion & biological basis of orthodontics

- Classification and diagnosis of occlusion and malocclusion
- Role of anchorage in clinical orthodontics
- Anchorage devices and their clinical uses
- Deleterious effects of orthodontic treatments and their prevention and management

7. Orthodontic diagnosis & treatment planning

- Stepwise approach in process of diagnosing an orthodontic case
- Orthodontic records, investigations and interpretation
- Formulation of management plan

8. Malocclusion

- Aetiology of Malocclusion
- Aetiology, Diagnosis & Management of Class I Malocclusions
- Aetiology, Diagnosis & Management of Class II Malocclusions
- Aetiology, Diagnosis & Management of Class III Malocclusions
- Transverse & Vertical Problems & their management

9. Materials & instruments used in orthodontics

- Identification and clinical uses of basic materials and instruments used in orthodontics

10. Removable appliances

- Types of removable appliances, general principles, components and fabrication.
- Components & construction methods
- Indications & Contraindications
- Clinical Uses & handling



11. Orthodontic fixed appliances

- Identification of all types of fixed orthodontic appliances
- Indications and clinical uses of orthodontic attachments, wires and auxiliaries
- Advantages and problems associated with fixed appliance treatment

12. Functional appliances & orthopaedic appliances

- Identification, and troubleshooting with associated acute problems

13. Orthognathic surgery

- Identification of borderline & Severe Cases
- Parameters to categorize camouflage treatment or referral to specialist centre

14. Cleft lip & palate

- Baseline patient and parental counselling
- Referral pathways

15. Stability and retention

- Concepts of stability, relapse and retention
- Type and need of retention in different clinical situations
- Types of retainers and their clinical uses

16. Dental radiology

- Indications and uses of Peri-apical radiographs, OPG, Lateral Ceph and other necessary radiographs in orthodontic diagnosis
- Interpretation of these radiographs
- Radiation Hazards & their prevention



APPENDIX 2

SYLLABUS FOR SKILLS AND COMPETENCIES REQUIRED OF A BDS GRADUATE AND A HOUSE OFFICER BY THE END OF THE HOUSE JOB / INTERNSHIP / FOUNDATION YEAR, FOR THE DENTAL NATIONAL REGISTRATION EXAMINATION 2024

Each subject heading in the following section lists the required competencies (in italics), followed by associated learning objectives.

All objectives listed in the following section may be evaluated in both CSE Session-1 & CSE Session-2 stations. Objectives marked with an asterisk sign (*) will be used as primary objectives for CSE Session-2 stations.



1. Professional and Multidisciplinary Skills

1.1 Patient Assessment

- Obtain patient / medical data, including a thorough intra/extra oral examination, and record findings.
- Select and obtain diagnostic images for the individual patient.

1.1.1 Elicit, and record patient history.

1.1.2 Perform, and record intra and extra oral examination for diagnosis of problems presenting to all specialties of dentistry, including: caries, periodontal disease, malocclusion & dentofacial deformity, common oral cysts and benign lesions, oral cancer and potentially malignant lesions, odontogenic and facial infections, mucosal disorders, dentoalveolar & maxillofacial trauma, TMJ and facial pain/neurological disorders.

1.1.3 Perform, and record results of diagnostic investigations: transillumination test, pulp vitality test (heat, cold, electrical), articulated diagnostic casts

1.1.4 Select, and safely take the following intraoral radiographs using PNRA safety guidelines, for adults, children, and pregnant patients: periapical, bitewing, occlusal.

1.2 Professionalism, Health Promotion, Behavioural Sciences & Communication Skills

- Apply ethical standards in the provision of dental care.
- Practice within one's scope of competence and consult with or refer to professional colleagues when indicated.
- Apply principles of risk management, including informed consent and appropriate record keeping in patient care.
- Apply appropriate interpersonal and communication skills.
- Apply psychosocial and behavioural principles in patient-centred health care.
- Communicate effectively with individuals from diverse populations.
- Provide prevention, intervention, and educational strategies.

1.2.1 Explain diagnosis, investigations, and evidence-based treatment plan to patients and attendants involved in decision making.

1.2.2 Take and record informed consent for common procedures in dentistry.

1.2.3 Apply counselling skills in dentistry: advise patients on lifestyle and risk factors, habit breaking, diet, oral hygiene, oral health, caries prevention, smoking cessation, health promotion.

1.2.4 Give post-procedure instructions and counsel patients on home care after common procedures in dentistry.



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|-------|--|
| 1.2.5 | Prescribe drugs for common dental indications, including pain and anxiety management, infectious diseases (bacterial, viral & fungal), periodontal and mucosal diseases including ulcers and Lichen Planus, dentin hypersensitivity, oral trauma & abrasions. Includes antibiotic stewardship and counselling patients on the safe use of prescribed medication. |
| 1.2.6 | Communicate (face to face, electronic, phone, written) with patients, their relatives, colleagues, dental technicians, laboratory personnel, and wider health care professionals, including referral. |

1.3 Infection Control

Utilize universal infection control guidelines for all clinical procedures.

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|--------|---|
| 1.3.1 | Demonstrate hand hygiene, respiratory etiquette, and donning and doffing of PPE for non-aerosol generating, and for aerosol generating procedures. |
| 1.3.2 | Aseptically set up an instrument tray and equipment for a general dental procedure. |
| 1.3.3 | Perform sterile setup of instruments and equipment for a minor oral surgery procedure, including sterile set up of handpiece and suction, and application of sterile barriers. |
| 1.3.4 | Follow standard infection control precautions for handling of equipment, instruments and materials during dental procedures, including: material dispensing & manipulation & transfer to dentist, curing light use, oral radiology, dental unit water lines purging and treatment, use of intra oral cameras. |
| 1.3.5 | Disinfect impressions and prosthetic/orthodontic appliances and devices before dispatch to the laboratory, and delivery to the patient. |
| 1.3.6 | Segregate and dispose contaminated waste and sharp items generated in dental procedures. |
| 1.3.7 | Perform dental unit disinfection in between patients, and at the start of the day. |
| 1.3.8 | Disinfect, wash/clean, & package contaminated dental instruments for autoclaving. |
| 1.3.9 | Run, monitor and record an autoclave cycle. |
| 1.3.10 | Remove and store sterile packs from an autoclave. |
| 1.3.11 | Demonstrate cleaning and disinfection of blood or saliva spillage. |
| 1.3.12 | Demonstrate initial management of a needle prick injury. |

1.4 Pain & Anxiety Management

Prevent, diagnose, and manage pain and anxiety in the dental patient.

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| 1.4.1 | Select and safely prescribe drugs for the management of preoperative, operative and postoperative pain and anxiety. Counsel patients on the safe use of prescribed medication. |
| 1.4.2 | Identify landmarks for maxillary and mandibular infiltration local anaesthesia, and inferior alveolar nerve block. |



1.4.3 Select and safely administer the following local anaesthesia techniques for the practice of dentistry: infiltration for maxilla and mandible (including intrapulpal, intraligamentary), and the following nerve blocks: inferior alveolar, lingual, long buccal, greater palatine & nasopalatine.

1.5 Ergonomics

1.5.1 Demonstrate different operator positions, instrument grips, and patient positions required to perform common procedures in dentistry.

1.6 Oral Hygiene Instructions

1.6.1 Deliver oral hygiene instructions i.e. instruct patients in appropriate oral hygiene methods compatible with oral health.

2. PERIODONTICS

Prevent, diagnose, and manage periodontal diseases.

2.1 Patient Education and Motivation

2.1.1 Educate patients regarding the aetiology of periodontal disease and encourage them to assume responsibility for their oral health.

2.1.2 Instruct the patients on when and how to use chemical plaque control agents in periodontal disease management.

2.1.3 Discuss the outcome of periodontal therapy and carry out any further procedures required to maintain (supportive periodontal therapy) or improve the obtained treatment outcome.

2.1.4 Discuss local, systemic and acquired risk factors of periodontal disease with patients, discuss the role of perio-systemic inter-relationship and its influence on periodontal treatment strategies.

2.1.5 Demonstrate the use of plaque disclosing agents.

2.2 Management of Painful Conditions

2.2.1 Provide symptomatic relief to patients presenting with painful conditions such as necrotizing ulcerative conditions, periodontal abscess, food impactions, dentine hypersensitivity.

2.3 Techniques for Plaque, Calculus and Stain removal

2.3.1 Demonstrate periodontal instrumentation techniques for plaque, calculus and stain removal using manual and ultrasonic instruments.



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| 2.3.2 | Demonstrate instrument sharpening techniques and identification of worn-down periodontal instruments. | |
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3. OPERATIVE DENTISTRY, ENDODONTICS & PAEDIATRIC DENTISTRY

Select and execute the most appropriate intra-coronal, extra-coronal, direct or indirect restoration for adult and paediatric patients based on knowledge of their indications, advantages and disadvantages. Manage pulpal and periradicular diseases.

3.1 Amalgam Restorations

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|-------|--|---|
| 3.1.1 | Perform all classes of amalgam restorations | * |
| 3.1.2 | Demonstrate knowledge of oral anatomy and morphology in performing intracoronal restorations | * |
| 3.1.3 | Demonstrate principles of minimal invasive dentistry during tooth preparation. | * |
| 3.1.4 | Demonstrate application of lining, bases, dentine sealers and execute vital pulp therapies if required | * |
| 3.1.5 | Demonstrate matrix and wedge application to recreate tooth contours | * |
| 3.1.6 | Demonstrate Amalgam condensation and carving to achieve static and dynamic occlusal harmony for restorations, prostheses and appliances. | * |
| 3.1.7 | Select and use restorative materials based upon location, size and shape of cavity, oral environment, and occlusal load | * |
| 3.1.8 | Select and use burs and other materials for preparation, finishing and polishing of restorations | * |
| 3.1.9 | Handle and dispose dental mercury waste. | * |

3.2 Dental Composite Restorations

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|-------|--|---|
| 3.2.1 | Perform all classes of Dental Composite restorations | * |
| 3.2.2 | Demonstrate knowledge of oral anatomy and morphology in performing intra-coronal restorations | * |
| 3.2.3 | Demonstrate principles of minimal invasive dentistry during tooth preparation. | * |
| 3.2.4 | Demonstrate application of lining, bases, dentine sealers and execute vital pulp therapies if required | * |
| 3.2.5 | Demonstrate matrix and wedge application to recreate tooth contours | * |
| 3.2.6 | Demonstrate the use of Enamel and Dentine adhesive techniques (Total Etch, Selective Etch, Self Etch) | * |
| 3.2.7 | Demonstrate composite build up techniques to reduce the effect of polymerisation stress (incremental build up, use of flowable composites, bulk-fill composites) | * |
| 3.2.8 | Demonstrate occlusal contouring and adjustment to achieve static and dynamic occlusal harmony for restorations | * |



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| 3.2.9 | Select and use restorative materials based upon location, size and shape of cavity, oral environment, and occlusal load | * |
| 3.2.10 | Select and use burs and other materials for preparation, finishing and polishing of restorations | * |
| 3.3 Glass Ionomer Restorations | | |
| 3.3.1 | Perform Glass Ionomer and Resin Modified Glass Ionomer restorations | * |
| 3.3.2 | Demonstrate knowledge of oral anatomy and morphology in performing intra-coronal restorations | * |
| 3.3.3 | Demonstrate principles of minimal invasive dentistry during tooth preparation. | * |
| 3.3.4 | Demonstrate application of lining, bases, dentine sealers and execute vital pulp therapies if required | * |
| 3.3.5 | Demonstrate matrix and wedge application to recreate tooth contours | * |
| 3.3.6 | Demonstrate occlusal contouring and adjustment to achieve static and dynamic occlusal harmony for restorations | * |
| 3.3.7 | Select and use restorative materials based upon location, size and shape of cavity, oral environment, and occlusal load | * |
| 3.3.8 | Select and use burs and other materials for preparation, finishing and polishing of restorations | * |
| 3.3.9 | Demonstrate the use of Glass Ionomer materials to perform Atraumatic Restorative Treatment (ART) and Caries control restorations | * |
| 3.4 Rubber Dam Application | | |
| 3.4.1 | Apply rubber dam for performing restorative and endodontic procedures. (Single and multiple teeth) | * |
| 3.5 Preventive Procedures | | |
| 3.5.1 | Demonstrate use of pit and fissure sealants. | |
| 3.5.2 | Demonstrate use of fluoride & non-fluoride caries preventive therapy and use of desensitizing agents for dentine hypersensitivity. | |
| 3.7 Pulpotomy | | |
| 3.7.1 | Demonstrate the technique for pulpotomy in deciduous and young permanent teeth. | * |
| 3.8 Non-Surgical Endodontic Therapy | | |
| 3.8.1 | Perform non-surgical endodontic therapy on teeth with single or multiple canals: access opening, chemomechanical preparation, working length estimation, & obturation. Select, manipulate, and use materials for endodontic treatment. | * |

4. PROSTHODONTICS

Manage & rehabilitate the replacement of teeth for grossly damaged teeth and the partially or completely edentulous patient.



4.1 Full Coverage Crowns

| | | |
|---------------------------------------|---|---|
| 4.1.1 | Perform anterior and posterior full coverage crown preparations for full metal, porcelain fused to metal, or all ceramic crowns. | * |
| 4.1.2 | Demonstrate knowledge of oral anatomy and morphology in performing extracoronal restorations | * |
| 4.1.3 | Fabricate chair-side temporary crowns using direct and indirect techniques | * |
| 4.1.4 | Achieve static and dynamic occlusal harmony for temporary and permanent crowns | * |
| 4.1.5 | Select and manipulate dental cements and luting agents based on biological and mechanical clinical requirements. | * |
| 4.1.6 | Select and use burs and other materials for preparation, finishing and polishing of restorations | * |
| 4.1.7 | Select and manipulate impression materials for recording impressions | * |
| 4.1.8 | Select and use occlusal relation registration materials. | * |
| 4.1.9 | Perform shade selection and mapping for aesthetic restorations. | * |
| 4.2 Temporary Crowns | | |
| 4.2.1 | Fabricate chair-side temporary crowns using direct and indirect techniques | * |
| 4.2.2 | Achieve static and dynamic occlusal harmony for temporary crowns | * |
| 4.2.3 | Select and manipulate dental cements and luting agents based on biological and mechanical clinical requirements. | * |
| 4.2.4 | Select and use burs and other materials for preparation, finishing and polishing of restorations | * |
| 4.3 Removable Partial Dentures | | |
| 4.3.1 | Design, fabricate, and deliver removable partial dentures: impressions, maxillomandibular relationship, denture trial & insertion | |
| 4.3.2 | Achieve static and dynamic occlusal harmony for prostheses | |
| 4.3.3 | Select and use burs and other materials for finishing and polishing of prosthesis | |



4.3.4

Perform lab procedures in fabrication of partial dentures.

4.3.5

Perform wire bending for C-clasps for dentures

4.3.6

Select and manipulate impression materials for recording impressions partially dentate jaws

4.3.7

Select and use occlusal relation registration materials.

4.3.8

Demonstrate manipulation of waxes wax rim adjustment, denture trial setup readjustment

4.3.9

Perform shade selection and mapping

4.4 Removable Complete Dentures

4.4.1

Design, fabricate, and deliver conventional complete dentures: Primary and secondary impressions, post-dam area marking, maxillomandibular relationship, denture trial and insertion.

4.4.2

Achieve static and dynamic occlusal harmony for prostheses

4.4.3

Select and use burs and other materials for finishing and polishing of prosthesis

4.4.4

Perform lab procedures in fabrication of complete dentures.

4.4.5

Select and manipulate impression materials for recording impressions edentulous jaws

4.4.6

Select and use occlusal relation registration materials and techniques

4.4.7

Demonstrate manipulation of waxes wax rim adjustment, denture trial setup readjustment

4.4.8

Perform shade selection and mapping



4.5 Diagnostic Casts

- 4.5.1 Produce diagnostic casts, and mount with inter-occlusal records.
- 4.5.2 Perform the laboratory procedures of pouring, removal and trimming of a gypsum cast from an alginate impression.
- 4.5.3 Select and manipulate different types of plaster of paris to: pour dental models for study, and prosthesis fabrication; mount casts/models on an articulator.
- 4.5.4 Select and use occlusal relation registration materials.

4.6 Setup of Teeth

- 4.6.1 Perform segmental tooth setup for upper and lower arches, complete or partial, followed by finishing and festooning.

4.7 Pre and Post Delivery Problems

- 4.7.1 Identify errors in fixed and removable prosthesis delivered from the laboratory and suggest corrections.
- 4.7.2 Manage post-insertion (post-delivery) complaints of the patient using removable prostheses.

4.8 Removable Prosthesis Servicing

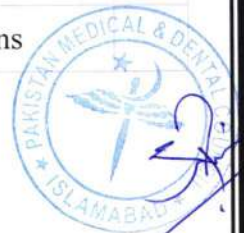
- 4.8.1 Demonstrate techniques for servicing removable prostheses when necessary i.e.: relining, rebasing, repair.
- 4.9.8 Select and use occlusal relation registration materials.
- 4.9.9 Perform shade selection and mapping for aesthetic restorations.

5. ORAL SURGERY, AND ORAL MEDICINE

Manage oral surgical treatment needs

5.1 Simple Extraction

- 5.1.1 Perform simple extraction of erupted deciduous and permanent teeth, under local anaesthesia.
- 5.1.2 Identify, landmarks for maxillary and mandibular infiltration anaesthesia, and inferior alveolar nerve block.
- 5.1.3 Give post procedure instructions and counsel patients on care after dental extractions



5.1.4 Safely prescribe drugs for post-extraction pain.

5.3 Suturing

5.3.1 Place sutures: simple interrupted sutures for closure of intraoral incisions, and intra or extra-oral lacerations; "figure of 8" suture over an extraction socket.

5.4 Minor Oral Surgery Complications

5.4.1 Manage common intra-operative and post-operative minor oral surgery complications.

5.6 TMJ Dislocation

5.6.1 Reduce TMJ dislocation.

6. ORTHODONTICS

Diagnose and plan preventive and interceptive orthodontics.

6.1 Insert and adjust active removable appliances to move a single tooth or to correct a crossbite

6.2 Insert, adjust or remove different types of removable retainers

6.3 Insert, adjust or remove a wire, ligature or separator

6.4 Manage orthodontic post-operative complaints requiring orthodontic first aid.

6.5 Demonstrate use of wax to manage abrasion and injuries due to orthodontic fixtures

6.6 Perform wire bending for Labial bow and Adam's clasp for Orthodontic appliances

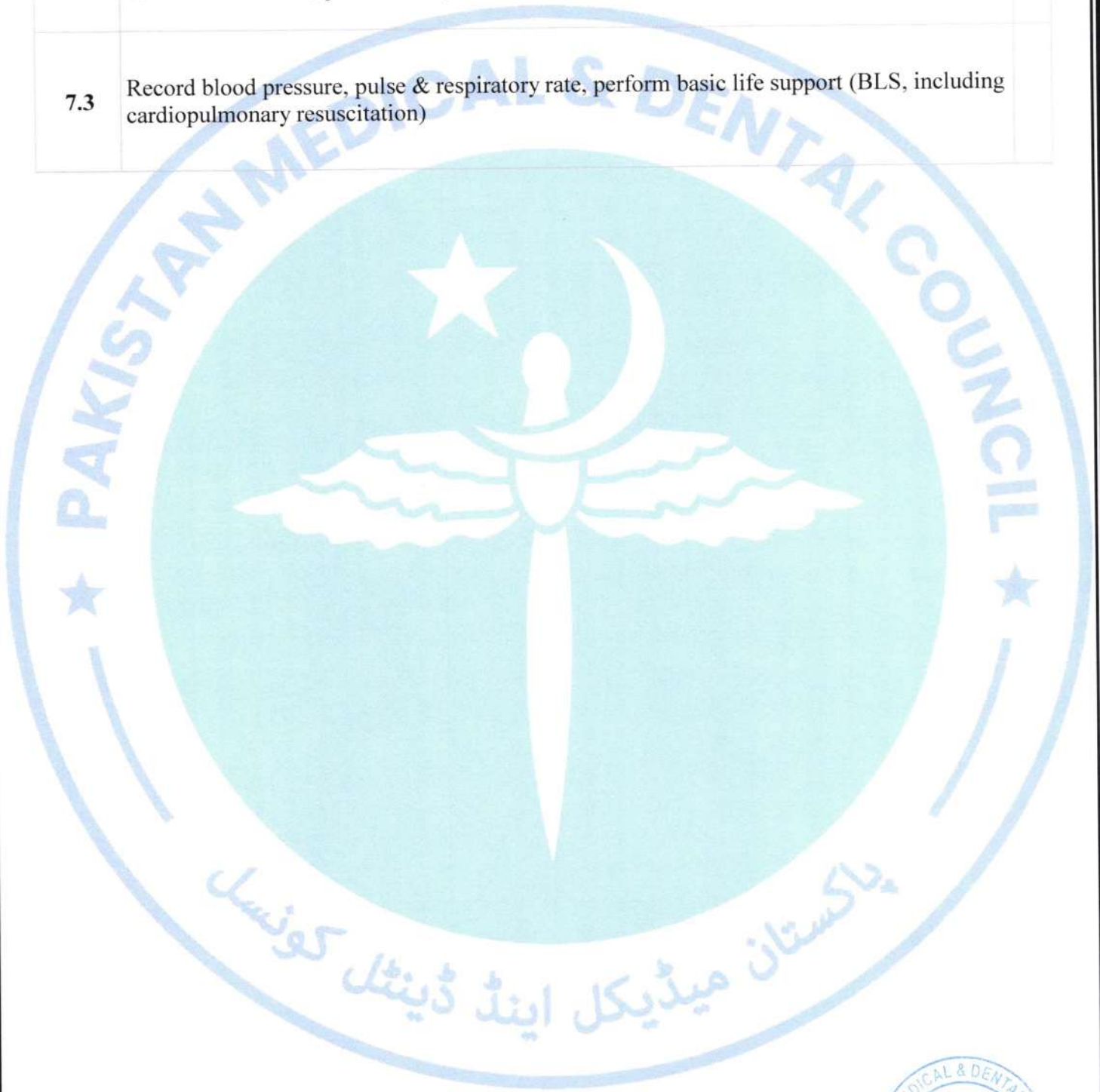
7. Medical & Dental Emergencies

Prevent, recognize, and manage medical and dental emergencies

7.1 Prevent, recognize, and manage dental emergencies, including: uncontrolled bleeding, abscess (local swelling/pain), cellulitis, severe dental pain from pulpal inflammation, acute periodontitis, pericoronitis, alveolar osteitis, tooth fracture, tooth avulsion/luxation, caries/defective restorations causing pain, denture/ortho appliance adjustment if impeding function/painful, acute myofascial pain dysfunction with trismus, endodontic hypochlorite accident.



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|-----|---|
| 7.2 | Prevent, recognize, and perform preliminary management of medical emergencies in a dental clinic, including impairment or loss of consciousness, chest pain, and respiratory obstruction/distress, panic/anxiety. |
| 7.3 | Record blood pressure, pulse & respiratory rate, perform basic life support (BLS, including cardiopulmonary resuscitation) |



**TABLE OF SPECIFICATIONS (TOS)
FOR
NATIONAL REGISTRATION EXAMINATION (Dental)**

| Subject | Contents | level | MCQS |
|--|--|-------|------|
| Science of Dental Material (15 MCQS) | General Properties | C 1 | 2 |
| | Impression Materials | | |
| | Gypsum products for Dental Casts | C 1 | 1 |
| | Dental Waxes | C 1 | 1 |
| | Casting | C 2 | 1 |
| | Polymers | C 2 | 1 |
| | Adhesion | C 2 | 1 |
| | Dental Composites | C 2 | 1 |
| | Dental Cements | C 2 | 1 |
| | Dental Amalgam | C 1 | 1 |
| | Metal and Alloys in Dentistry | C 1 | 1 |
| | Ceramics | C 2 | 1 |
| | Endodontic materials | C 2 | 1 |
| | Preventive Dental Materials Wear (Abrasion, Erosion & Attrition) Finishing and polishing materials | C 1 | 1 |
| | Dental Implants | C 1 | 1 |
| Community & Preventive Dentistry (15 MCQS) | Prevention of oral health and dental diseases | C 2 | 5 |
| | Dental Health Care Delivery System | C 1 | 3 |
| | Behavioral Sciences | C 2 | 3 |
| | Research Methodology | C 1 | 4 |
| Pharmacology including Dental therapeutic. (15 MCQS) | Analgesics and Anti-Inflammatory Drugs Local Anaesthesia and Vasoconstrictors: Use, Side Effects, Adverse effects and toxicity | C 2 | 2 |
| | Antibacterial, Antifungal and Antiviral Drugs relevant to Dentistry Antiseptics and disinfectants | C 2 | 2 |
| | Chemicals used in mouth rinses Dentifrices and Fluoride | C 1 | 1 |
| | Endodontic medicaments Periodontal medicaments | C 1 | 2 |
| | Extraction socket medicaments Topical Haemostatics | C 2 | 1 |



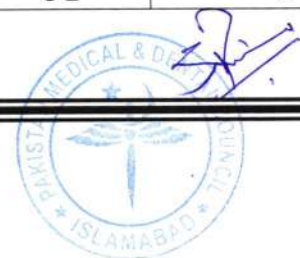
| | | | |
|------------------------------|---|-----|---|
| | Sedation & Anxiety Reduction Protocols in Dentistry Therapeutics for medical emergencies in dental practice | C 1 | 2 |
| General Medicine (5 MCQS) | Hypertension Ischemic Heart Disease & Angina Infective Endocarditis Cardiac Arrest Syncope | C 2 | 2 |
| | Diabetes Mellitus | C 2 | 1 |
| | Blood Borne Disease including HIV, Hepatitis B and C | C 2 | 1 |
| | Anaemias Bleeding & Clotting Disorders | C 2 | 1 |
| | The Oral Mucosa: | C 1 | 1 |
| Oral Medicine (25 MCQS) | Principles of oral medicine: assessment and investigation of patients Patient assessment Investigations Biopsy Microbiological investigations Imaging techniques | C 1 | 2 |
| | Infections of gingivae and oral mucosa Bacterial infections Candida associated lesions Viral infections | C 2 | 2 |
| | Oral Ulceration Traumatic ulceration Recurrent aphthous stomatitis (RAS) | C 2 | 2 |
| | Diseases of the lips and tongue and disturbances of taste and halitosis | C 2 | 2 |
| | Swellings of the face and neck | C 2 | 2 |
| | Salivary glands and saliva | C | 2 |
| | Inflammatory overgrowths, developmental and benign lesions, and pigmentation of the oral mucosa | C 2 | 1 |



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|----------------------------------|---|--------------------|-----|---|
| | Precancerous Lesions and Conditions Precancerous lesions Oral carcinoma and carcinogenesis | C 2 | 2 | |
| | Gastrointestinal diseases Coeliac disease (gluten sensitive enteropathy) Oral manifestation of Celiac disease Inflammatory bowel disease (IBD) Blood and nutrition, endocrine disturbances, and renal disease | C 2 | 1 | |
| | Disorders of the blood Endocrine disturbances Renal disease | C 2 | 1 | |
| | Immunodeficiency, hypersensitivity, autoimmunity and oral reactions to drug therapy | C 1 | 1 | |
| | Facial Pain and neurological disturbances Facial pain: an overview Neurological disturbances | C 2 | 2 | |
| | Temporomandibular disorders | C 2 | 1 | |
| | Chronic and Psychogenic orofacial problems | C 2 | 1 | |
| | Medical emergencies in dentistry Radiology | C 2 | 2 | |
| Operative Dentistry (35 MCQS) | Cross infection Control | C 2 | 2 | |
| | Evaluation & History Taking Radiographs | C 3 | 2 | |
| | Cariology | C 2 | 2 | |
| | Amalgam Class I Amalgam Restorations Class II Amalgam Restorations Class III and V Amalgam Restorations Complex Amalgam Restorations | C 2 | 4 | |
| | Dental Adhesion | C 2 | 2 | |
| | Composite | C 3 | 3 | |
| | Non-Carious Tooth Surface Loss | C 2 | 2 | |
| | Ultra Conservative Aesthetic Procedures | C 2 | 3 | |
| | Indirect Partial Coverage Restorations | C 2 | 2 | |
| | Occlusal Adjustment in Single Tooth Restoration | C 2 | 2 | |
| | Trauma | C 2 | 2 | |
| | Endodontic | C 2 | 8 | |
| | P a e d | Patient Assessment | C 2 | 1 |



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|--|--|---------------------|-----|
| Periodontology (20 MCQS) | Early Childhood Caries (ECC) | C 2 | 1 |
| | Fluorides | C 2 | 1 |
| | Pit and Fissure Sealants | C 2 | 1 |
| | Vital Pulp Therapy, Pulpectomy & Regenerative Endodontics Restorations | C 2 | 2 |
| | Child Psychology & Behaviour Management | C 2 | 1 |
| | Developmental Anomalies of the teeth and Acquired Disturbances | C 2 | 1 |
| | Oral habits | C 2 | 1 |
| | Space maintenance in the primary dentition | C 2 | 1 |
| | Periodontology (20 MCQS) | Normal Periodontium | C 2 |
| The Mucosa at Teeth & Implants. | | C 2 | 1 |
| Classification of Gingival and Periodontal Diseases: | | C 2 | 1 |
| Aetiology of Gingival and Periodontal Diseases: | | C 2 | 2 |
| Gingival and Periodontal Diseases | | C 2 | 2 |
| Periodontal examination, investigations and documentation: | | C 2 | 2 |
| Diagnosis & Treatment plan of periodontal disease: | | C 2 | 2 |
| Plaque control: | | C 2 | 1 |
| Non-surgical Periodontal therapy | | C 2 | 2 |
| Surgical Principles and Procedures | | C 2 | 2 |
| Interdisciplinary Periodontics | | C 2 | 2 |
| Periodontology and Implant maintenance: | | C 2 | 1 |
| Oral Surgery (25 MCQS) | | Applied Anatomy | C 1 |
| | Principles of Oral Surgery | | |
| | Local anesthesia (LA) | C 2 | 3 |
| | Management of medical emergencies in oral surgery | | |
| | Management of medically compromised patients | | |
| | Exodontia | C 2 | 3 |
| | Jaw Cysts | C 2 | 2 |
| | Periapical Surgery | C 2 | 2 |
| | Pre-prosthetic Surgery | C 2 | 2 |
| | Maxillary Antrum | C 2 | 1 |
| | Spread of Oral Infection | C 2 | 2 |
| | Temporomandibular Joint (TMJ) | C 2 | 2 |
| | Salivary Glands | C 2 | 2 |
| Orofacial Pain | C 2 | 2 | |



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| Prosthodontics (25 MCQS) | Orthognathic Surgery | C 2 | 2 |
| | Development Anomalies | C 1 | 1 |
| | Prosthodontic patient assessment: history, evaluation, diagnosis and treatmentplanning | C 2 | 2 |
| | Fixed partial dentures: | C 2 | 3 |
| | Removable partial dentures: | C 2 | 3 |
| | Complete dentures | C 2 | 4 |
| | Gerodontology | C 2 | 2 |
| | Implantology | C 2 | 2 |
| | Occlusion and articulators | C 2 | 2 |
| | Temporomandibular disorders | C 2 | 2 |
| | Single tooth full coverage indirect restorations (Crowns) | C 2 | 2 |
| | Introduction to Digital Dentistry | C 2 | 2 |
| | 1. Introduction to CAD/CAM | | |
| 2. Type of intra Oral scanners. Milling machines. | | | |
| 3. Concept of 3d printing and printers. | | | |
| 4. Smile design analysis + Veneers on CAD/CAM | | | |
| Orthodontics (10 MCQS) | Introduction to orthodontics | C 2 | 2 |
| | Growth & development Development of dentition | | |
| | Preventive orthodontics Interceptive orthodontics | C 2 | 1 |
| | Occlusion & biological basis of orthodontics Malocclusion | C 2 | 1 |
| | Orthodontic diagnosis & treatment planning | C 2 | 1 |
| | Materials & instruments used in orthodontics | C 2 | 3 |
| | Removable appliances | | |
| | Orthodontic fixed appliances Functional appliances & orthopaedic appliances | | |
| Orthognathic surgery Cleft lip & palate | C 2 | 1 | |
| Stability and retention | C 2 | 1 | |



THANK YOU

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